

OLD NEW CASTLE RUN

2003 PUMP & RUN Results

Handicap = 1 Minute/repetition

Men push 100% body weight - Women push 60% body weight

<u>Place in Class</u>	<u>PnR Place</u>	<u>Bib</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age</u>	<u>Sex</u>	<u>City</u>	<u>State</u>	<u>Bench Press Repetitions</u>	<u>Adjusted Race Time</u>
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19 & Under Age Bracket, Female

1	16	156	Cassandra	Dietrick	14	Female	Newark	DE	2	38:05.1
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19 & Under Age Bracket, Male

No Entries

20 - 29 Age Bracket, Female

No Entries

20 - 29 Age Bracket, Male

1	2	160	Sean	Norman	28	Male	Galena	MD	17	14:09.4
2	4	161	Brian	Purcell	24	Male	Bear	DE	17	15:36.8
3	5	58	Gary	Russell, Jr.	27	Male	Glenolden	PA	21	15:59.2
4	6	24	David	Sternberg	28	Male	Folsom	PA	24	17:20.0
5	10	94	Chris	Newman	29	Male	Three Springs	PA	12	27:05.7

30 - 39 Age Bracket, Female

1	17	52	Marie	Kibblehouse	37	Female	New Castle	DE	5	41:34.3
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30 - 39 Age Bracket, Male

1	1	53	Chris	Calloway	38	Male	New Castle	DE	25	11:40.9
2	3	73	Dan	Bloom	37	Male	Newark	DE	25	14:53.3
3	7	93	Theodore	Haas	36	Male	Edison	NJ	20	18:17.9
4	8	46	Michael	Newman	32	Male	Hillsboro	NJ	5	24:11.8
5	13	19	Paul	Chilkotowsky	37	Male	Cochranville	PA	7	31:28.9

40 - 49 Age Bracket, Female

1	14	195	Tina	Masiello	40	Female	New Castle	DE	20	31:54.0
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40 - 49 Age Bracket, Male

1	9	48	Bill	Barthel	46	Male	New Castle	DE	21	26:43.9
2	11	171	Mike	Piorkowski	42	Male	Glen Mills	PA	8	27:44.4

50 - 59 Age Bracket, Female

1	18	157	Mary	Thomas	53	Female	Newark	DE	4	41:44.5
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50 - 59 Age Bracket, Male

1	12	1	Frank	Shorter	55	Male	Boulder	CO	4	30:50.4
2	15	23	Robert	Hart	55	Male	Kimberton	PA	13	32:28.5